

יומא עו

If a person makes a נדר to forbid himself from oil, and the oil mainly used in that area is olive oil, then while olive oil is אסור to him, he may use sesame oil (or if the situation is reversed, he may use sesame oil). If, however, both oils are commonly used, then both oils are אסור to him.

When it comes to נדרים, the way people talk in that area is a deciding factor. למשל, if a person makes a נדר forbidding cooked dishes on himself, if in that area cooked dishes include roasted and fried foods, then those foods are included in the נדר, if not, then they are not.