

יומא פב

From when a child is nine years old, he should start fasting a couple of hours on **יום כיפור**, increasing the amount each year until age eleven when he completes the fast. The **רמ"א** writes that a child does not complete the fast.

A pregnant woman that smells food and says she needs it, we tell her that it is **יום כיפור**. If she still insists she must eat, we feed her until she is satisfied.

A person should rather transgress than allow his life to end with the exception of three **עבירות** that are **יהרג ואל יעבר**, **גילוי עריות**, **עבודה זרה**, and **שפיכת דמים**. If he is asked to do another **עבירה** (not one of these three), he need not transgress unless he is in front of ten people, in which case he must choose death. If it is a time of **גזירות** against **ישראל**, then even if the **גוים** force us to change a **מנהג**, even on penalty of death we do not change that **מנהג**.

If a person is being pursued by a killer, he may kill him. Similarly, a woman being pursued by a man who wants to be **מאנס** her, may kill that man (**רש"י** writes that a woman need not give her life if she is going to be taken by force, as she makes herself **קרקע עולם** [this was what allowed **אסתר**--a married woman--to be with **אחשוורוש**; there are different answers to this question]).