

יומא מט

A זר, אונן, אוני, or שיכור who performs קבלה, הילוך, or זריקה, the פסול is עבודה.

These עבודות must also be performed while standing and with the right hand (even for a lefty). If the כהן used his left hand to help, then the עבודה is כשר.

One may eat food that is commonly eaten on שבת that also provides health benefits, any food that is usually eaten only for medicinal purposes may not be eaten unless one is totally healthy (thus making it obvious he is not eating it for health purposes) or according to the רמ"א he is sufficiently ill that he needs to lie down. There is a disagreement amongst the פוסקים if a healthy person may take vitamins. רב משה פיינשטיין allows it--but if the patient is sick and that is why he is taking the vitamins--then it falls under the category of medicine and would be forbidden.

A first born donkey may only be redeemed with (פדיון פטר חמור) with a live lamb, but not with a lamb that has been נשחט or a חיה, nor with a calf (עגל), or any חיה.