When the בית המקדש is standing (may it be rebuilt speedily), it is a עומר to count the days and weeks of the עומר. Today, most opinions--with the notable exception of the מצוה דרבנן.

If one only counted the days and not the weeks, he is איצא, and may continue counting with a ברכה. If he only counted the weeks, he is not יוצא unless it is an exact week (i.e, the 7th, 14th, 21st, 28th, 35th, 42nd, or 49th day of the עומר).